

SUNDAY / DOMINGO

6:30PM Lost and Found, AA Clubhouse, Al Anon Serenity Room, 205 West Adams, Harlingen, TX, 78550 **(O,JT,NS)**

MONDAY / LUNES

7:00PM Life's 2nd Chance, Our Savior Lutheran, Room C, 1104 W. Fern Ave, McAllen, TX, 78501 **(O,B,NS)**

TUESDAY / MARTES

NOON Shot of Hope Group, The University of Texas Rio Grande Valley, University Center, Room 102, 1201 W. University Drive, Edinburg, TX, 78539 **(O,JT,WC,NS,LT)**

6:00PM Lost and Found Women's Meeting, AA Clubhouse, Al Anon Serenity Room, 205 West Adams, Harlingen, TX, 78550 **(O,B,JT,RF,W,NS,LT,CC)**

WEDNESDAY / MIÉRCOLES

7:00PM Dealing Hope, Upstairs, 134 S. Shore Drive, Port Isabel, TX, 78578 **(O,JT,NS)**

7:00PM Life's 2nd Chance, Our Savior Lutheran, Room C, 1104 W. Fern Ave, McAllen, TX, 78501 **(O,D,To,NS)**

8:00PM Lost and Found, AA Clubhouse, Al Anon Serenity Room, 205 W Adams, Harlingen, TX, 78550 **(O,B,LT,CC)**

FRIDAY / VIERNES

6:00PM Lost and Found, AA Clubhouse, Al Anon Serenity Room, 205 W Adams, Harlingen, TX, 78550 **(O,B,D,BK,LT,CC)**

7:00PM Life's 2nd Chance, Our Savior Lutheran, Room C, 1104 W. Fern Ave, McAllen, TX, 78501 **(O,D,BK,NS)**

SATURDAY / SÁBADO

NOON Dealing Hope, Upstairs, 134 S. Shore Drive, Port Isabel, TX, 78578 **(O,JT,NS)**



RIO GRANDE VALLEY AREA

MEETING LIST

APRIL 2026

**24 HOUR HELPLINE
(956) 949-1900**



<https://rgvareaofna.org>

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS

Meetings Weekly: 10