

## SUNDAY / DOMINGO

**6:30PM Lost and Found**, AA Clubhouse, 205 West Adams, Harlingen, TX, 78550  
**(O,JT,NS)**

## MONDAY / LUNES

**7:00PM Life's 2nd Chance**, Our Savior Lutheran, Room C, 1104 W. Fern Ave, McAllen, TX, 78501 **(O,B,NS)**

## TUESDAY / MARTES

**NOON Shot of Hope Group**, The University of Texas Rio Grande Valley, University Center, Room 102, 1201 W. University Drive, Edinburg, TX, 78539 **(O,JT,WC,NS,LT)**

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## WEDNESDAY / MIÉRCOLES

**7:00PM Life's 2nd Chance**, Our Savior Lutheran, Room C, 1104 W. Fern Ave, McAllen, TX, 78501 **(O,D,To,NS)**

## THURSDAY / JUEVES

**7:00PM Lost Dreams Awaken**, Abundant Grace Community Church, Entrance located in back of Sanctuary Building, 2nd Floor, Room C, 2110 S. McColl St., Edinburg, TX, 78539 **(O,IP,LT)**

## FRIDAY / VIERNES

**7:00PM Life's 2nd Chance**, Our Savior Lutheran, Room C, 1104 W. Fern Ave, McAllen, TX, 78501 **(O,D,BK,NS)**

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## MEETING FORMAT LEGEND

B	Beginners	BK	Book Study
D	Discussion	IP	Informational Pamphlet
JT	Just for Today	LT	Literature Study
NS	No Smoking	O	Open
To	Topic	WC	Wheelchair

## HELPLINES

Coastal Bend Area (361) 992-2113  
Esperanza Area (210) 434-0665

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## PHONE NUMBERS

“¿Cuál es nuestro mensaje? El mensaje es que un adicto —cualquier adicto— puede dejar de consumir drogas, perder el deseo de consumirlas y descubrir una nueva forma de vida. Nuestro mensaje es esperanza y una promesa de libertad.” Texto Básico, página 79

### **What is our message?**

**The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.  
Our message is hope  
and the promise of freedom.**

Basic Text, *page 65*



## **RIO GRANDE VALLEY AREA**

### **MEETING LIST**

**MAY 2023**

**24 HOUR HELPLINE  
(956) 949-1900**



<https://rgvareaofna.org>

### **SUGGESTIONS FOR EVERYONE**

**DON'T USE no matter what  
Ask your Higher Power to keep you clean  
Come early and stay late  
Get a home group  
Go to 90 meetings in 90 days  
Read NA literature daily  
Get and use a sponsor  
Use the PHONE  
KEEP COMING BACK. IT WORKS**

Meetings Weekly: 6